






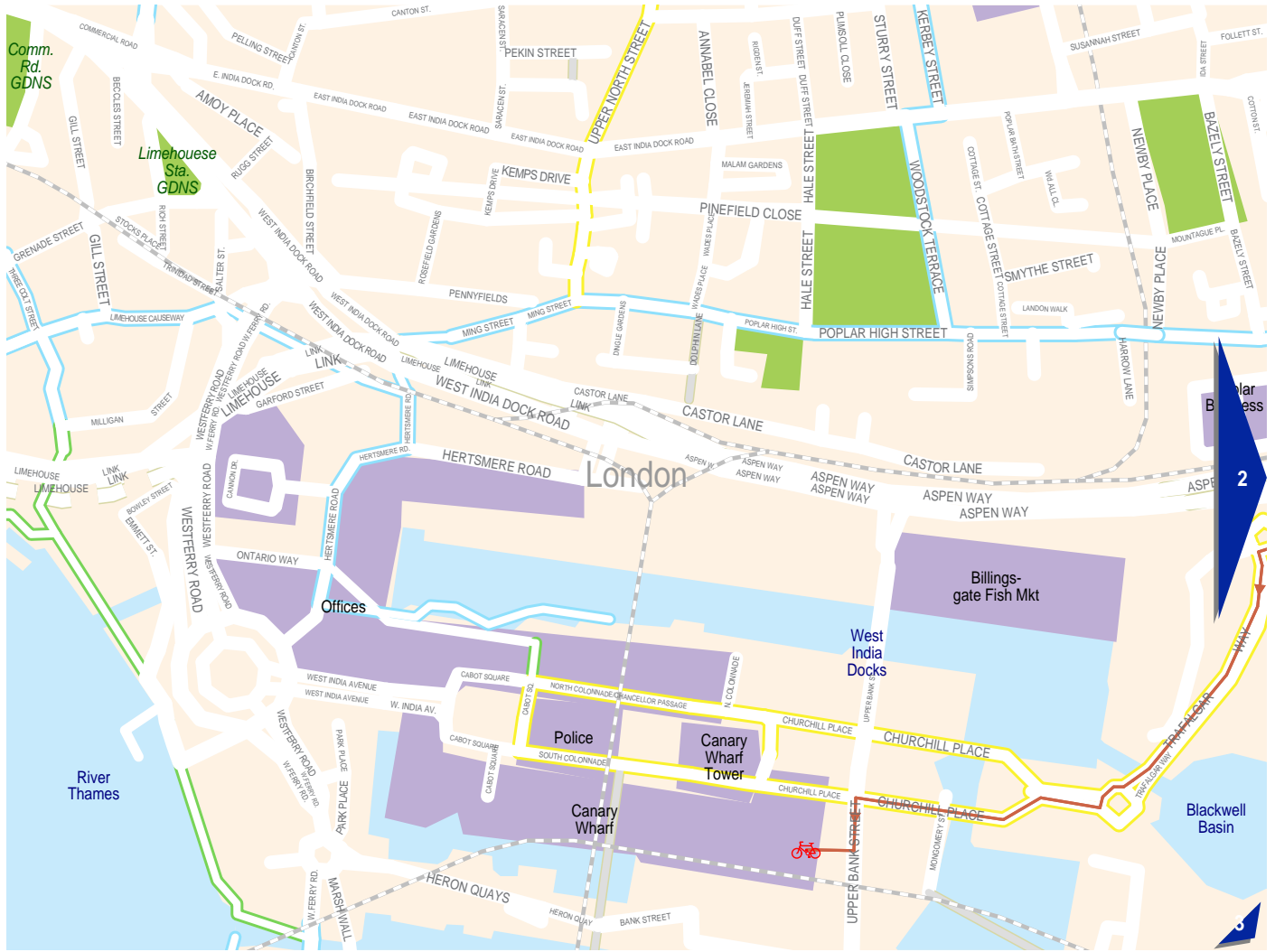


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-  Route signed for cyclists through park or beside canal or river. Usually shared with pedestrians.
-  Route on quieter roads recommended by cyclists
-  Route signed for cyclists separate from traffic. Usually shared with pedestrians.
-  Route signed for cyclists. May be on busy roads.
-  Take Bike
-  Arrival with bike
-  Departure with Bike



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- Take Bike

Arrival with bike

55.	↶ Turn Left Into		30 m 15.5 km
56.	↶ Turn Left Into	Trafalgar Way	310 m 15.8 km
57.	↷ Turn Right Into	Cartier Circle	40 m 15.9 km
58.	↷ Turn Right Into	Churchill Place	280 m 16.2 km
59.	↶ Turn Left Into	Upper Bank Street	60 m 16.2 km
60.			

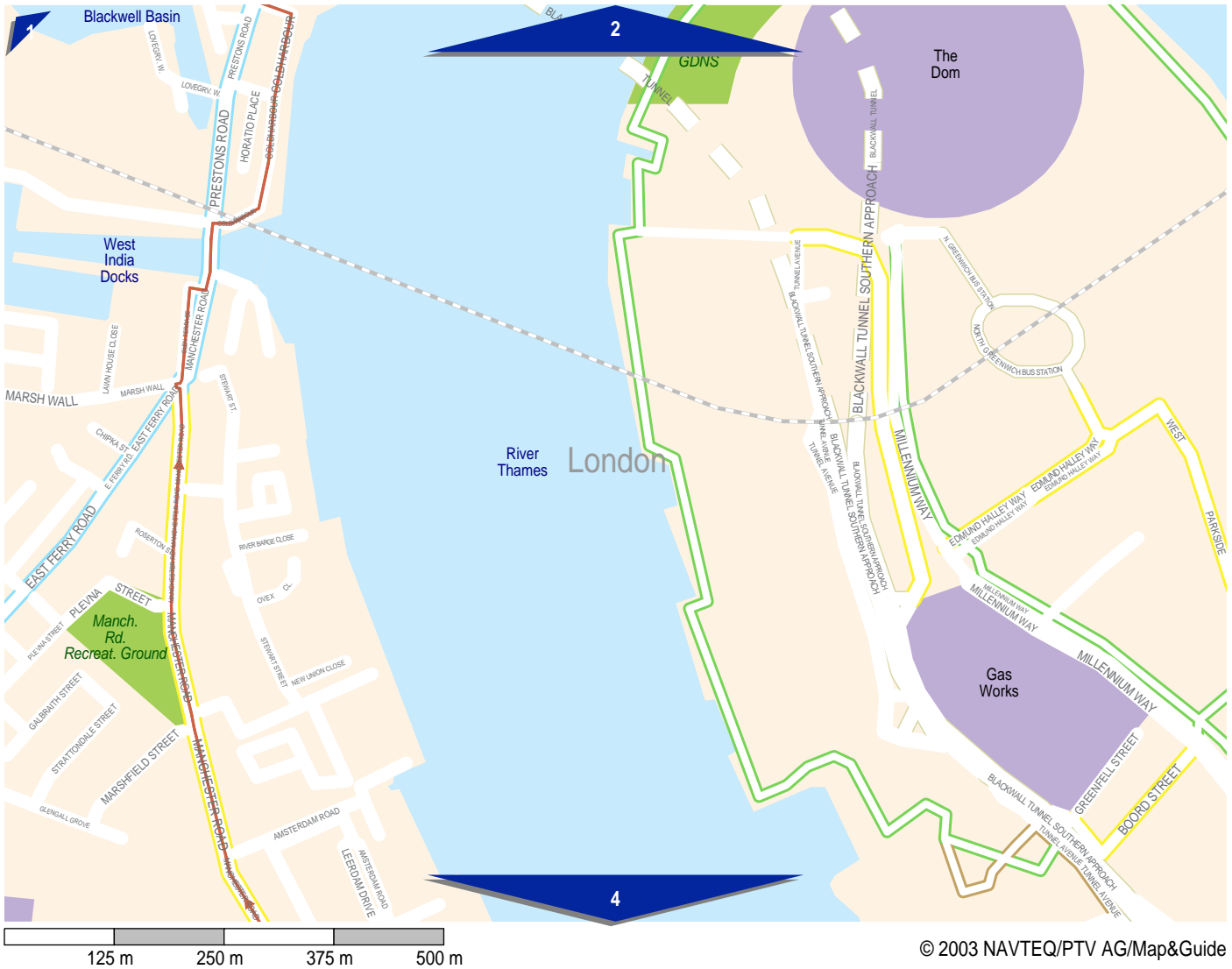
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- Take Bike

50.	Turn Right Into	Coldharbour	320 m	14.9 km
51.	Turn Right Into	Prestons Road	170 m	15.1 km
52.	Straight Up	Prestons Road	230 m	15.3 km
53.	Turn Left Into		10 m	15.3 km
54.	Turn Left Into	Trafalgar Way	150 m	15.5 km
55.	Turn Left Into		30 m	15.5 km
56.	Turn Left Into	Trafalgar Way	310 m	15.8 km

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- Take Bike

44.	↶ Turn Left Into	Manchester Road	0.7 km	14.4 km
45.	↶ Turn Left Into		4 m	14.4 km
46.	↷ Turn Right Into		10 m	14.4 km
47.	↶ Turn Left Into	Manchester Road	4 m	14.4 km
48.	↶ Turn Left Into	Glen Terrace	120 m	14.5 km
49.	↶ Turn Left Into	Manchester Road	80 m	14.6 km
50.	↷ Turn Right Into	Coldharbour	320 m	14.9 km

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- Take Bike

39.	↑ Straight Up	Greenwich Foot Tunnel	410 m 12.7 km
40.	↘ Turn Right Into	Saunders Ness Road	0.6 km 13.2 km
41.	↙ Turn Left Into	Seyssel Street	80 m 13.3 km
42.	↘ Turn Right Into	Manchester Road	290 m 13.6 km
43.	↙ Turn Left Into	Jubilee Crescent	140 m 13.8 km
44.	↙ Turn Left Into	Manchester Road	0.7 km 14.4 km

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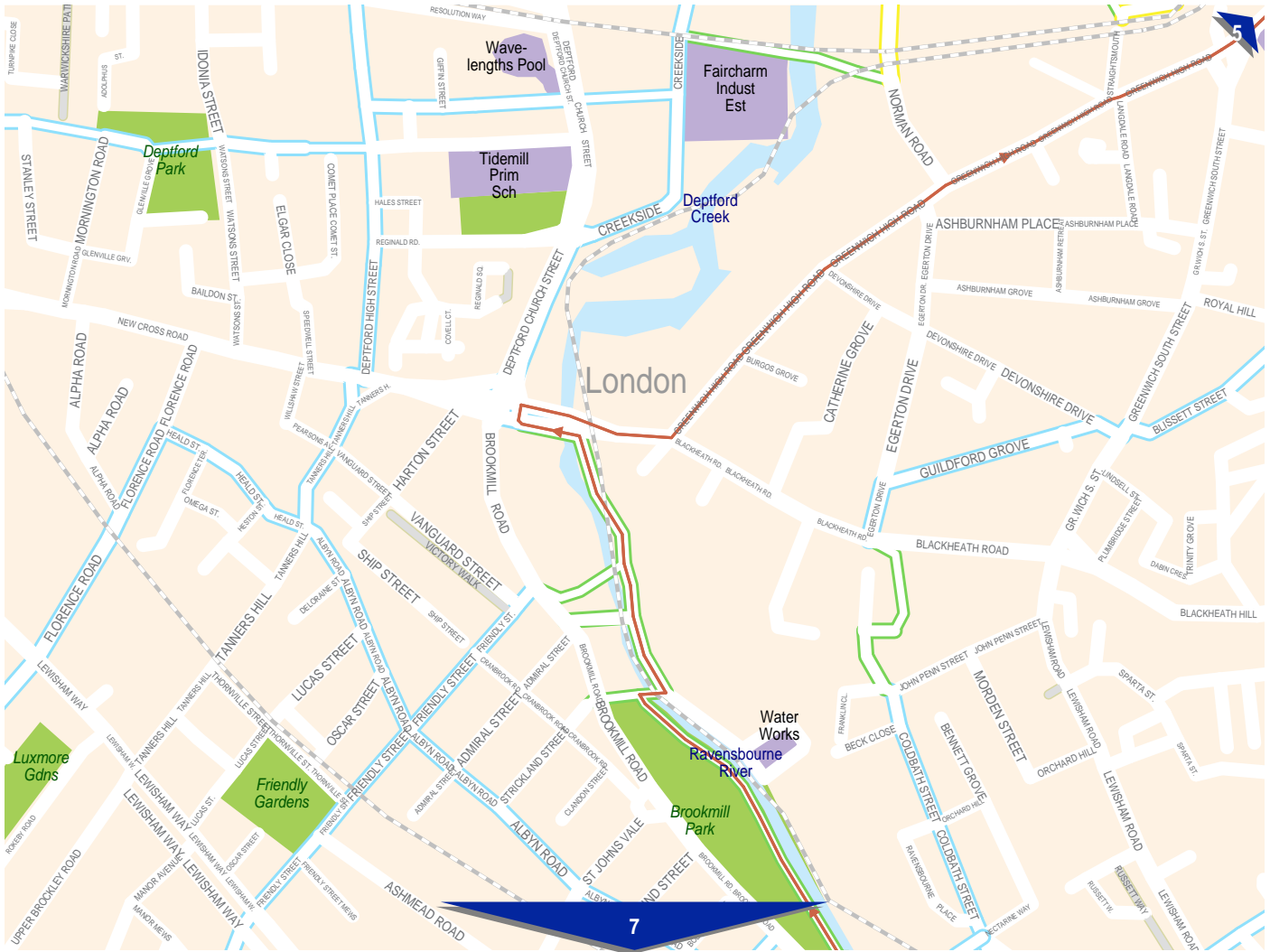


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- Take Bike

36.		Turn Left Into	Greenwich High Road	1.1 km 11.9 km
37.		Straight Up	Greenwich High Road	60 m 11.9 km
38.		Turn Left Into	Greenwich Church Street	320 m 12.2 km
39.		Straight Up	Greenwich Foot Tunnel	410 m 12.7 km

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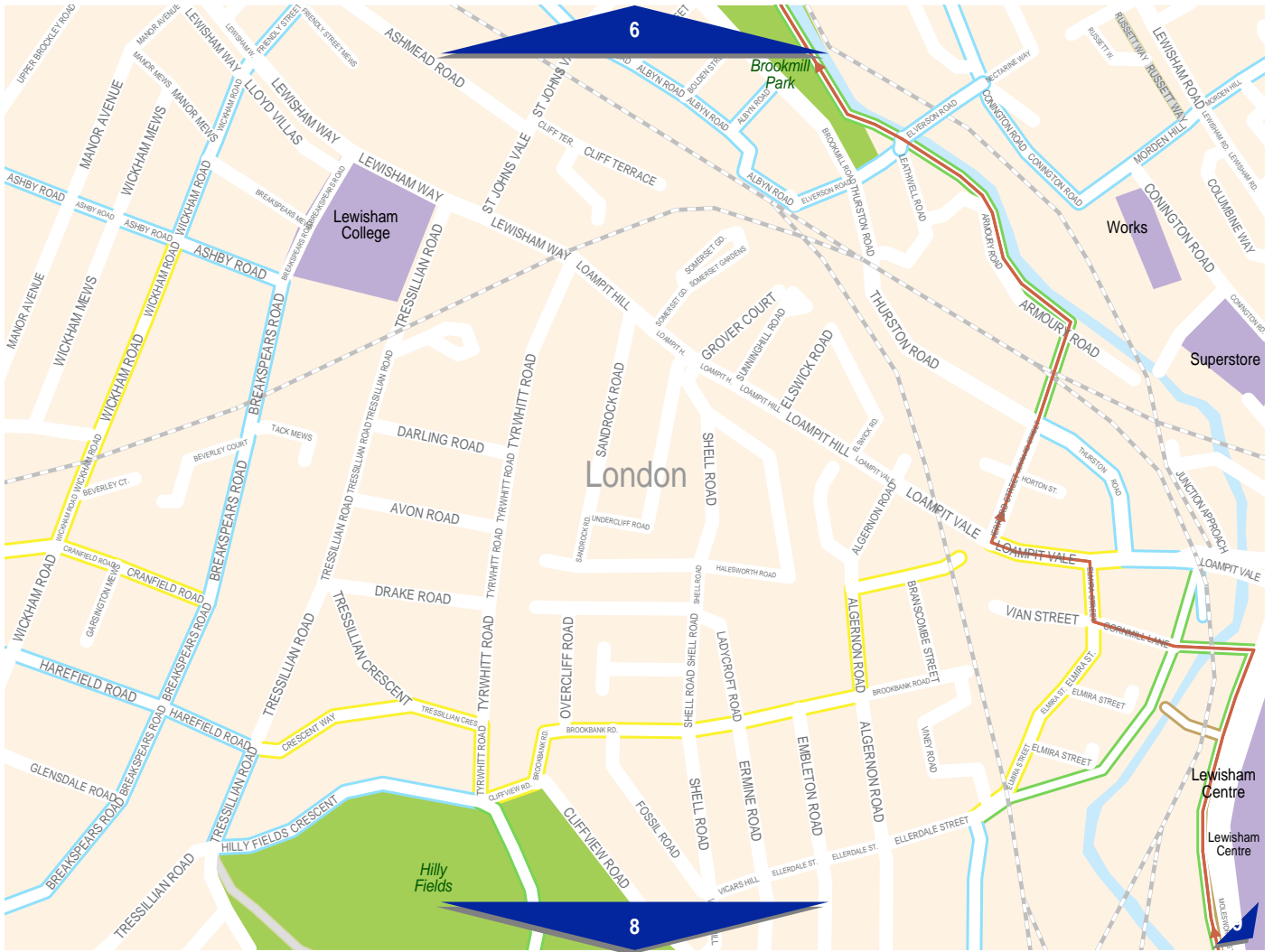


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33.	↑ Straight Up		1.3 km	10.6 km
34.	↘ Turn Right Into		20 m	10.6 km
35.	↘ Turn Right Into	Deptford Bridge	170 m	10.8 km
36.	↙ Turn Left Into	Greenwich High Road	1.1 km	11.9 km

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- Take Bike

28.	↗ Turn Right Into		0.7 km	8.9 km
29.	↑ Straight Up	Cornmill Lane	90 m	9.0 km
30.	↘ Turn Right Into	Elmira Street	70 m	9.1 km
31.	↖ Turn Left Into	Loampit Vale	110 m	9.2 km
32.	↘ Turn Right Into	Jerrard Street	140 m	9.4 km
33.	↑ Straight Up		1.3 km	10.6 km

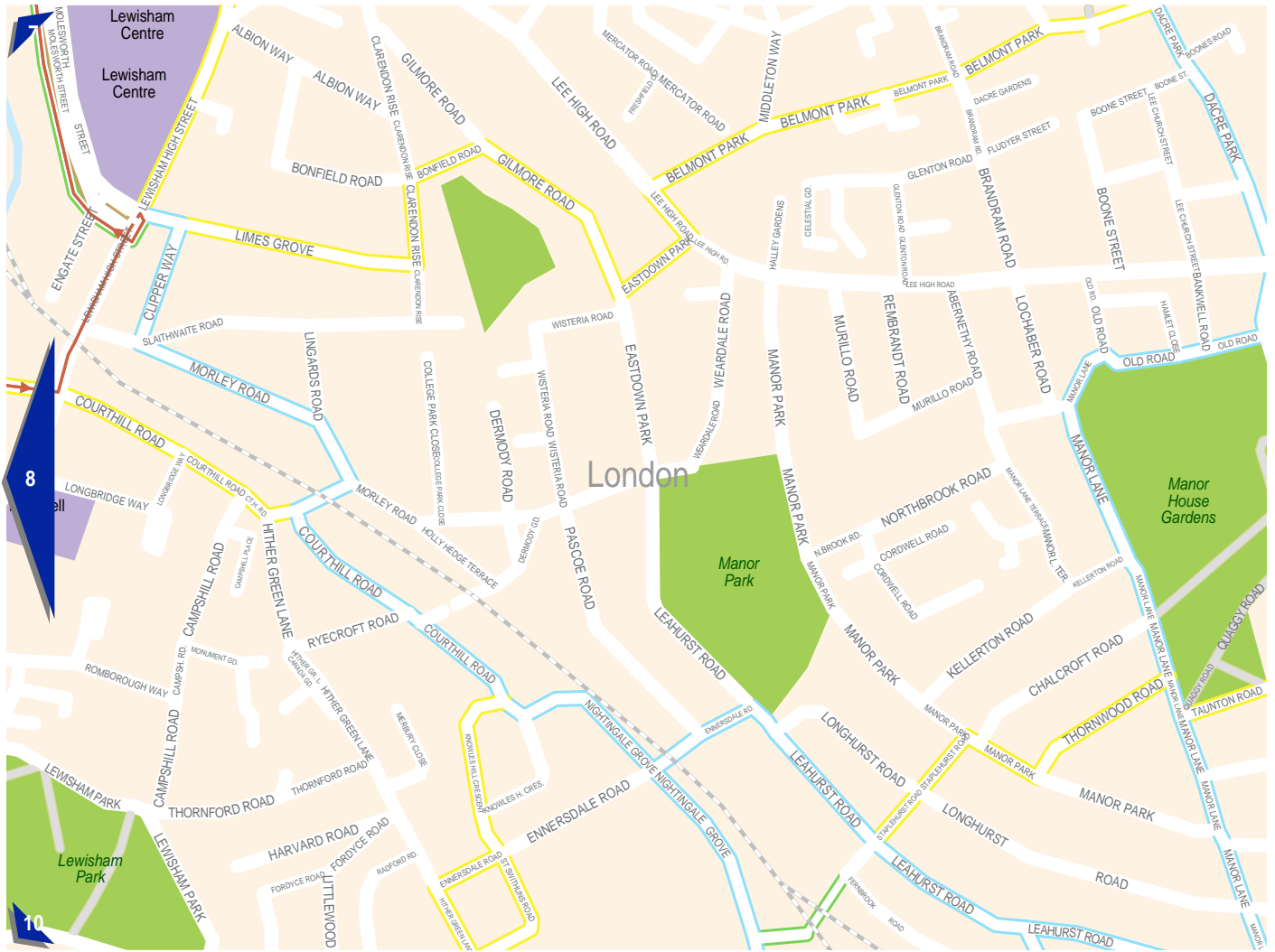
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- Take Bike

20.	↶ Turn Left Into		1.5 km	7.6 km
21.	↷ Turn Right Into	Ladywell Road	90 m	7.7 km
22.	↑ Straight Up	Ladywell Road	10 m	7.7 km
23.	↑ Straight Up	Ladywell Road	60 m	7.8 km
24.	↶ Turn Left Into	Wearside Road	50 m	7.9 km
25.	↷ Turn Right Into	Whitburn Road	220 m	8.1 km
26.	↶ Turn Left Into	Lewisham High Street	190 m	8.3 km
28.	↷ Turn Right Into		0.7 km	8.9 km

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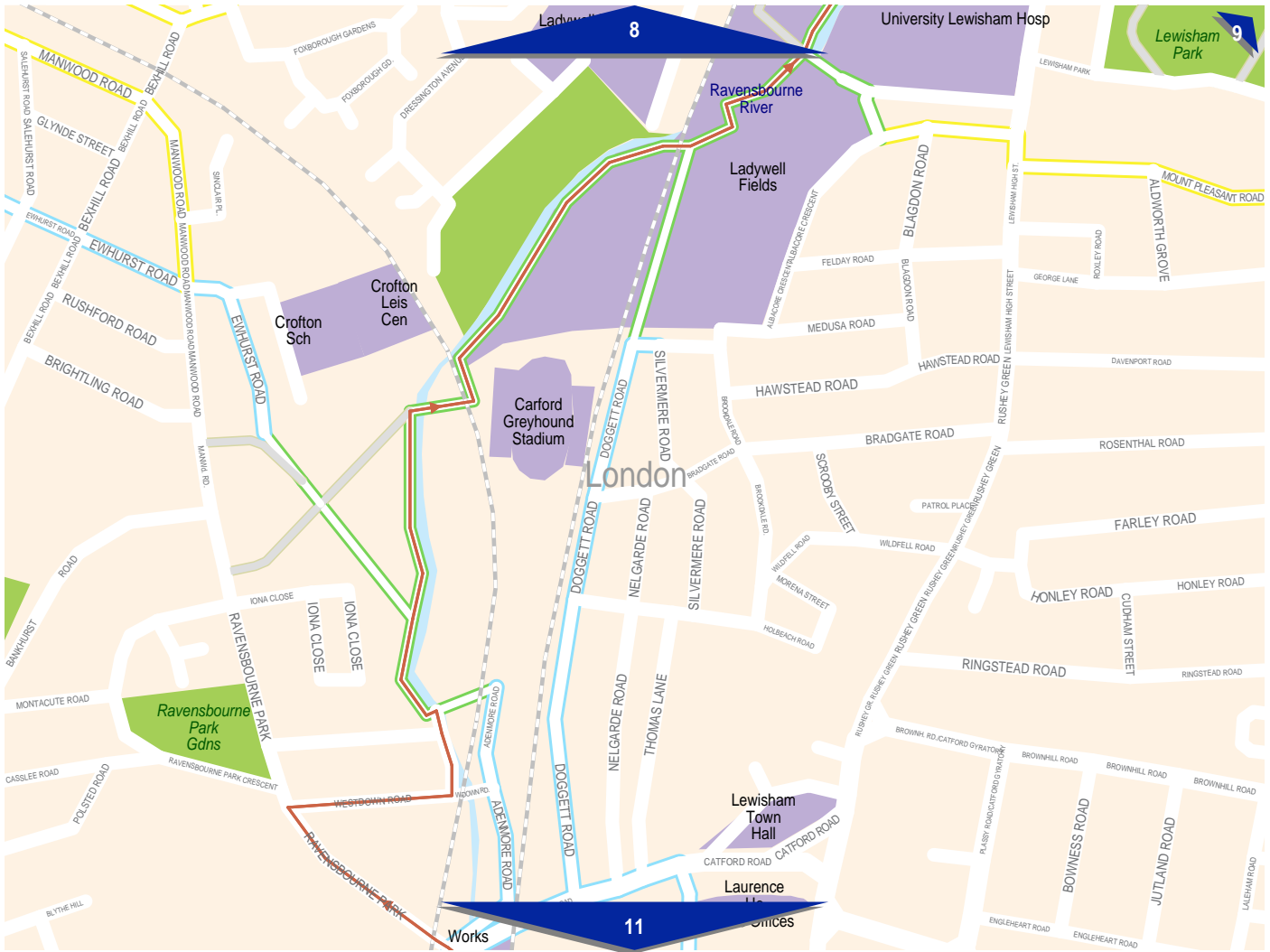


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- Take Bike

25.		Turn Right Into	Whitburn Road	220 m	8.1 km
26.		Turn Left Into	Lewisham High Street	190 m	8.3 km
27.		Straight Up	Lewisham High Street	20 m	8.3 km
28.		Turn Right Into		0.7 km	8.9 km

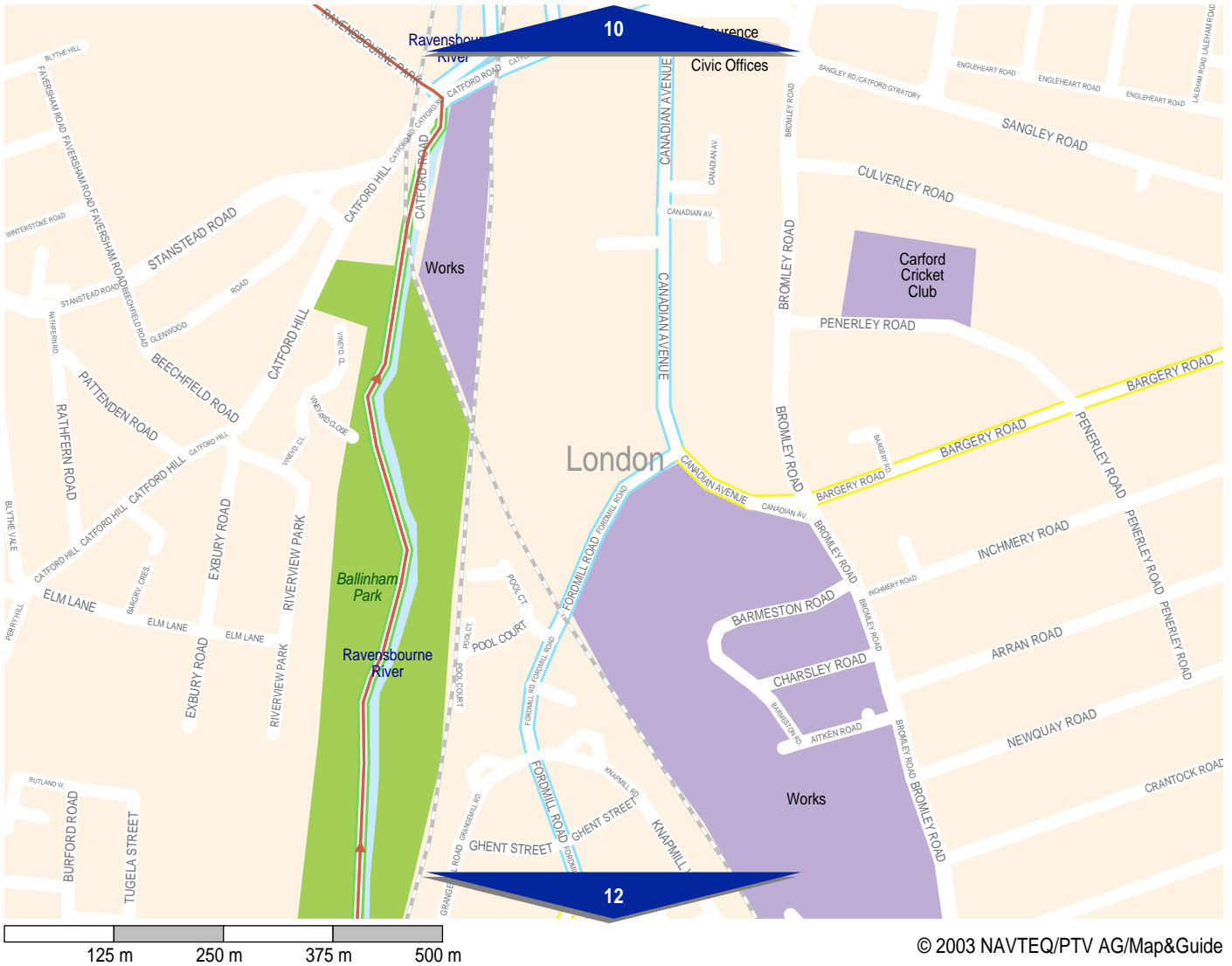
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- Take Bike

16.	↶ Turn Left Into	Ravensbourne Park	250 m	5.9 km
17.	↷ Turn Right Into	Westdown Road	180 m	6.1 km
18.	↶ Turn Left Into	Bournville Road	70 m	6.1 km
19.	↑ Straight Up		30 m	6.2 km
20.	↶ Turn Left Into		1.5 km	7.6 km

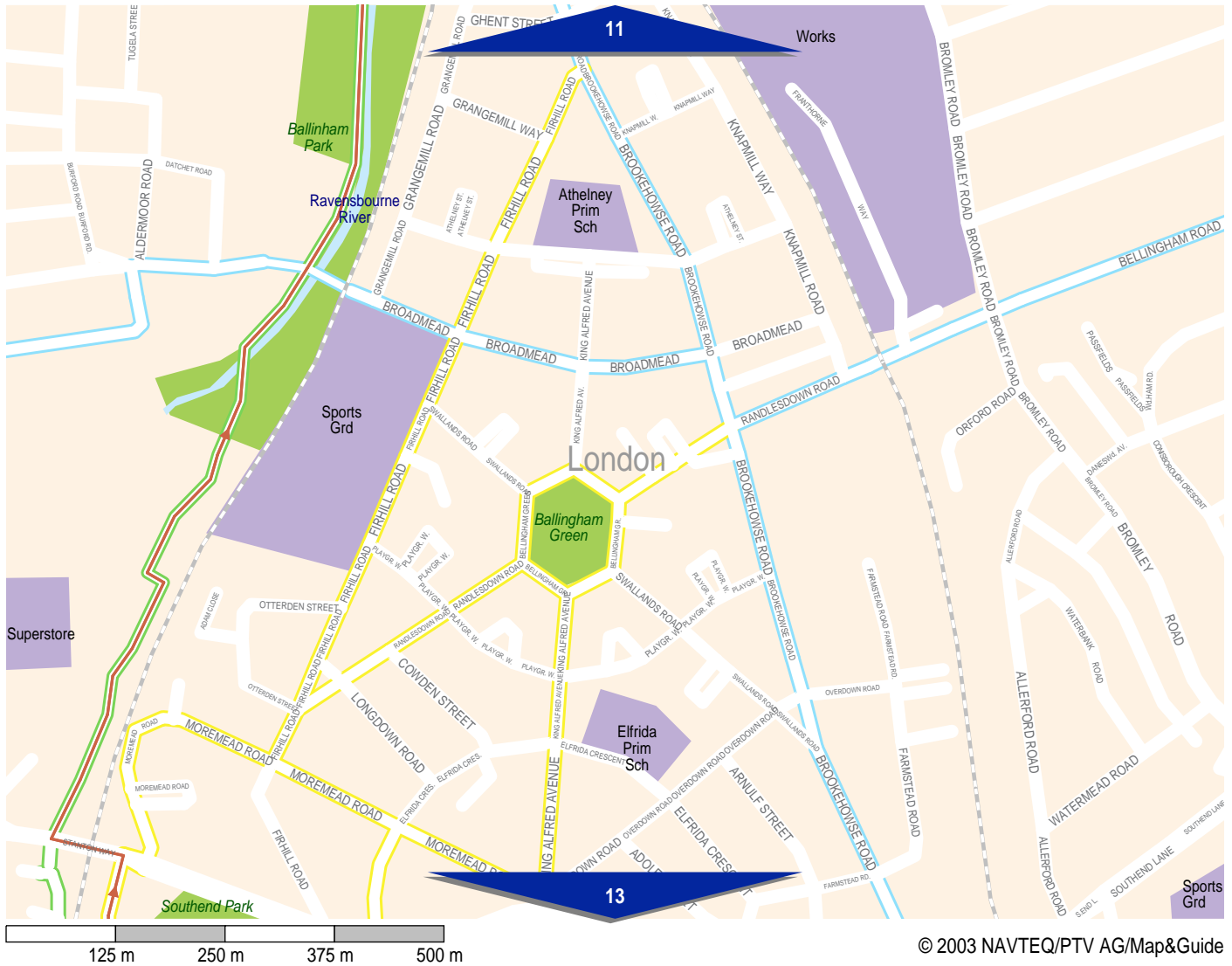
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- Take Bike

15.	Turn Right Into		1.9 km	5.6 km
16.	Turn Left Into	Ravensbourne Park	250 m	5.9 km

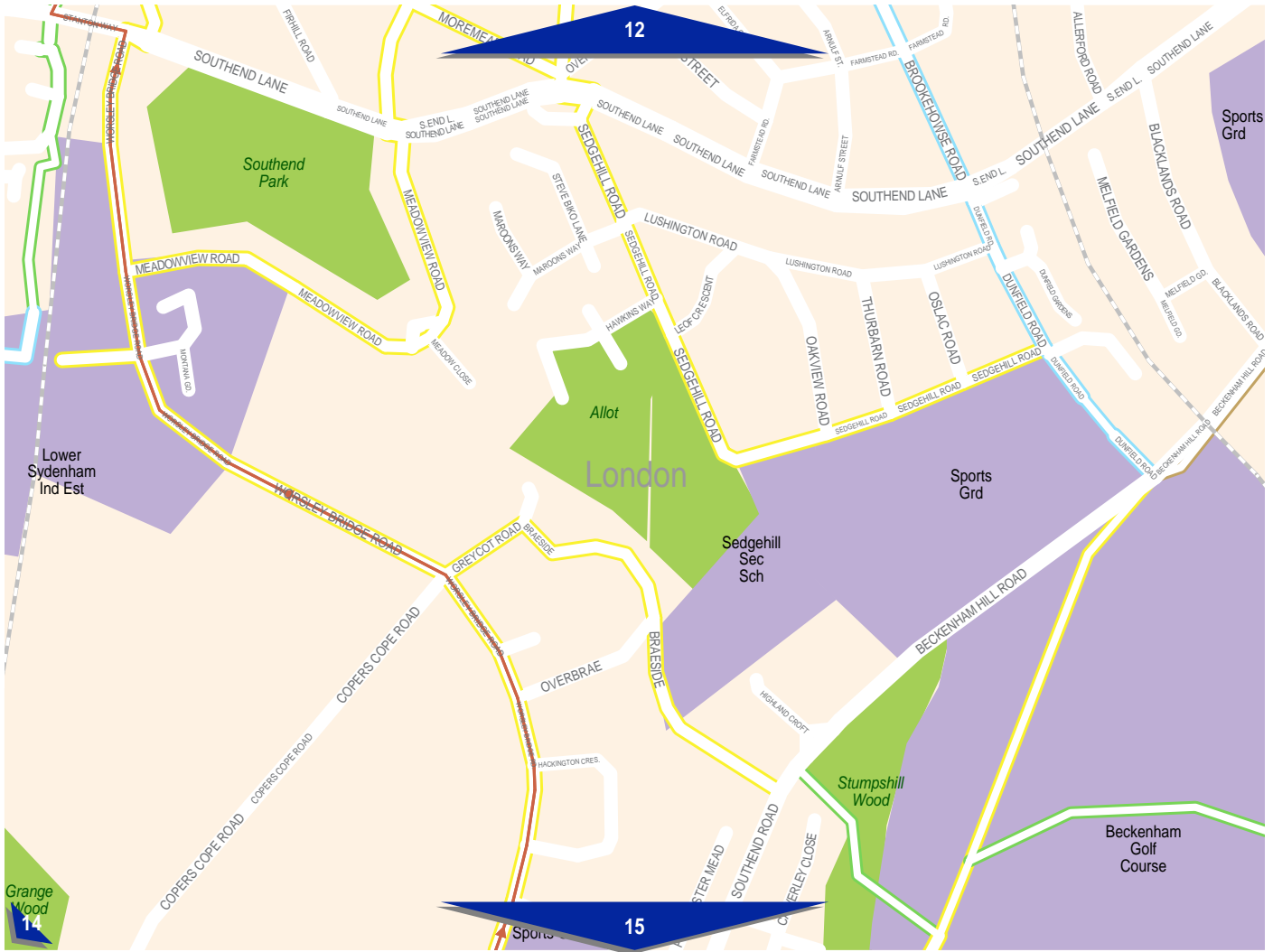
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- Take Bike

13.	Turn Left Into	Worsley Bridge Road	1.6 km	3.6 km
14.	Turn Left Into	Stanton Way	80 m	3.7 km
15.	Turn Right Into		1.9 km	5.6 km

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13.		Turn Left Into	Worsley Bridge Road	1.6 km	3.6 km
14.		Turn Left Into	Stanton Way	80 m	3.7 km
15.		Turn Right Into		1.9 km	5.6 km

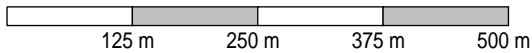
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6.		Turn Left Into	Blakeney Road	130 m	1.1 km
7.		Straight Up	Blakeney Road	50 m	1.2 km
8.		Straight Up	Blakeney Road	220 m	1.4 km
9.		Turn Right Into	Bridge Road	130 m	1.5 km
10.		Turn Right Into	Copers Cope Road	10 m	1.6 km
11.		Turn Left Into	Lawn Road	310 m	1.9 km

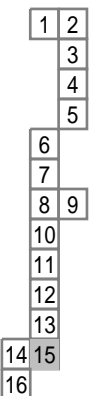
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5.	↶	Turn Left Into	Hayne Road	350 m	1.0 km
6.	↶	Turn Left Into	Blakeney Road	130 m	1.1 km
7.	↑	Straight Up	Blakeney Road	50 m	1.2 km
8.	↑	Straight Up	Blakeney Road	220 m	1.4 km
9.	↷	Turn Right Into	Bridge Road	130 m	1.5 km
10.	↷	Turn Right Into	Copers Cope Road	10 m	1.6 km
11.	↶	Turn Left Into	Lawn Road	310 m	1.9 km
12.	↷	Turn Right Into	Brackley Road	200 m	2.1 km
13.	↶	Turn Left Into	Worsley Bridge Road	1.6 km	3.6 km





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- Take Bike

Departure with Bike

1.			
2.		Thayers Farm Road	120 m
3.	↙ Turn Left Into	Beckenham Road	280 m 400 m
4.	↑ Straight Up	Beckenham Road	260 m 0.7 km
5.	↙ Turn Left Into	Hayne Road	350 m 1.0 km
6.	↙ Turn Left Into	Blakeney Road	130 m 1.1 km

